

Stage Program

11:00am Official Proceedings

Welcome to Country, Smoking Ceremony and Didgeridoo Performance

11:30am Performance

Eaton Gorge Theatre Company

12:00pm Cooking Demonstration

Paul West from River Cottage Australia and cofounder of Grow it Local

1:30pm Talk

James Conlan Electrify Your Council, 350 Australia

2:00pm Panel Discussion Thriving Through Change: Building Resilient Communities Together

Sam Kernaghan Committee for Sydney

Dr Shaun Watson Doctors for the Environment Australia

Nell Graham Georges Riverkeeper

Melinda Dewsnap Resilient Sydney

Dr Hong Nguyen Bayside Council

3:00pm Talk

Michael Day Australian Electric Vehicle Association

3:30pm Panel Discussion Cooks River & Kamay Botany Bay: Connecting People and Nature

Leanne Niblock Cooks River Alliance Management Committee

Peter Munro Cooks River Valley Association & The Mudcrabs

Dr Rob Cooley Gamay Rangers

Dr Arthur White Local Ecologist

Pete Ryan OAM Bayside Council



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Workshop Station 1

11:00am **Composting** by Bayside Council

Learn how to turn food scraps and garden waste into rich compost! This fun, hands-on workshop covers the basics of composting at home.

12:00pm **Recycling** by Veolia

In this interactive and particle workshop, attendees will build awareness of recyclable products that we use and dispose of every day. They will also explore what products are made of, how the raw material is used, how they are manufactured and how to make the right disposal choice.

1:00pm **Worm Farming** by Bayside Council

Learn how to start and care for your own worm farm! This hands-on workshop will show you how worms turn food scraps into compost, perfect for your garden.

2:00pm **Vertical Garden from Old Furniture** by The Bower

Discover how to turn old furniture into a unique vertical garden! This creative, hands-on workshop shows you how to upcycle and grow plants in small spaces.

3:00pm **Native Bees** by Bayside Council

Learn how to build and care for a native beehive! This workshop covers the basics of native bees, their role in the environment, and how to split a hive.

4:00pm **3-Bin System** by Veolia

Understand household waste by exploring what it is, why it matters, and where it goes. Through hands-on activities and discussions, they'll learn how to sort waste correctly, how it's managed, and the effects of improper disposal on the environment.

All workshops run for a minimum duration of 30 minutes



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Workshop Station 2

11:30am **Energy Efficiency** by Your Energy Friend

Discover easy, effective ways to save energy at home, lower your power bills, and adopt energy-efficient habits that help protect the environment.

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2:30pm **Migratory Bird Talk** by Australasian Wader Study Group

Join the Australasian Wader Study Group for an engaging talk on migratory shorebirds, their epic journeys, and how we can help protect them.

3:30pm **Emergency Redi** by Australian Red Cross

Learn how to prepare for emergencies and stay safe. This workshop covers simple steps to get your home and family ready for storms, fires, and other unexpected events.

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