

MEDIA RELEASE

Thursday, 21 March 2019

Seniors Garden Party 2019

The Bayside Seniors Garden Party is one of Council's most popular events and this year around 800 senior residents are expected to turn out for a morning of food, friendship and familiar music.

"This event recognises the contribution our senior residents make to our community," Mayor Saravinovski said.

Bayside Council is continually developing community-based programs to maximize the health and happiness of senior residents and to ensure they are socially connected and active in the community.

Whether it's an exercise group or choir, computer class or discussion group, our older adult services and programs are tailored to help you enjoy a healthy, active and involved lifestyle, right into retirement and beyond.

Senior citizen community centres — located throughout Bayside — also offer various community programs for those wanting to socialise and people with similar interests.

For our less-active seniors, there are support services such as meals, transport and a home library service to help you continue living comfortably and independently at home.

Ticket applications are now open to seniors living in the Bayside Local Government Area and you can apply online at www.bayside.nsw.gov.au/events or by phoning 95621845.

For more information:

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