

MEDIA RELEASE

Monday, 25 February 2019

Author Talk: Quitting Plastic

Residents looking for practical tips on using less plastic should come along to a talk at Rockdale Library on Thursday 7 March by authors Clara Williams Roldan and Louise Williams.

Environmental policy advisor Clara Williams Roldan and her mum, Walkley Award-winning journalist Louise Williams have written *Quitting Plastic* an easy-to-follow guide to reducing our use of plastic.

Clara and Louise have drawn on their own experience of reducing the plastic in their family for over a decade to create this conversational guide for anyone looking for alternatives.

Topics covered include:

- The laundry and cleaning
- Entertaining and eating and drinking out
- is this going to be expensive
- What about my bin liner
- Plastic free hacks that you can implement today
- Highlights Australian companies and groups that can help you with your plastic reduction
- Inspirational stories from game-changing entrepreneurs

Come along to hear how to reduce plastic in your everyday life, starting with changes that are small and easy to make, and working up to bigger changes to your daily routine.

Author Talk: Quitting Plastic

Thursday 7 March at 6pm

Rockdale Library

444 – 446 Princes Highway, Rockdale

Free. Light refreshments provided

More information: <https://baysidelibrary.eventbrite.com.au/>

For more information:

City Media & Events

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